

# EXCEPTIONAL NEWS

**News you can use for special needs families**

September 2013

**POWERED BY: EXCEPTIONAL DESIGNS**

## **Aktion Club: "People Helping People of Ft. Lauderdale"**

Exceptional Designs is a proud supporter of the Aktion Club. What is Aktion Club? It is a Kiwanis division to allow individuals with disabilities to participate in community service. The Aktion Club has written letters to deployed soldiers, collected shoe boxes for the Humane Society puppies and kittens and conducted many fundraisers for local charities. Holiday gift basket collections for needy preschool children will be one of their upcoming projects. To learn more visit [www.aktionclub.org](http://www.aktionclub.org)



Visit our webpage:  
[www.ExceptionalDesigns.com](http://www.ExceptionalDesigns.com)



## **Designing for Special Needs Families —Designing For Your Life**

This mom just needed a closet that could help keep a dear family member organized. Need a little less clutter in your life? Want fresh ideas to help keep your loved one peaceful and productive in the home environment? Our team is here to help! Contact 954-232-1679 or email [elaine@exceptionaldesigns.com](mailto:elaine@exceptionaldesigns.com)



## **Color Splash!**

*Here are some important tips on color in your home:*

A human being's reaction to color is automatic and cannot be controlled. Therefore, a calming color scheme can be critical in the life of a person with developmental and/or physical



disabilities. For example, red can cause hyperactivity, raise blood pressure and stimulate appetite. Certain colors can disrupt sleep, promote anger and impair physical movement or bring about contentment and serenity.

## **Autism Awareness—Quick Facts**

Sensory Overload: Not only are some individuals with Autism Spectrum Disorder and other sensory disabilities sensitive to sights, tastes, sounds, and smells, there could also be a sensitivity to textures! Think of that bothersome tag in the back of your shirt, magnified.

To learn more or to test your knowledge of autism, simply visit the [autism-society.org](http://autism-society.org)

## **Local Community Happenings**

- **September 14**—Circle of Friends Activity Group  
[www.circleoffriendsandstars.org/](http://www.circleoffriendsandstars.org/)
- **September 21**—Transition to Life Summit-RSVP  
[www.cscbroward.org](http://www.cscbroward.org)
- **September 28**—Joe DiMaggio Resource Fair  
[www.jdch.com/](http://www.jdch.com/)
- **October 5**—Disabilities Expo  
[www.disabilitiesExpo.com](http://www.disabilitiesExpo.com)
- **October 20**—Down Syndrome Buddy Walk  
<http://www.bgcdownsyndrome.org>